





## Why I am FREAKIN` AWESOME!

List all your accomplishments:

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List all your AMAZING qualities:

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List all your talents and things you are good at:

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Things you love about you:

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*"It is in herself that she will find the strength she needs!"*

## Why I am FREAKIN` AWESOME!

Things your friends like about you:

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List all the ways you attribute to your relationships:

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What skills do you have?

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What else makes you AWESOME?

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*"Never trust your fears, they don't know your strengths!"*

## Homework Check-in

- Intro video watched for the lesson
- Read notes over for the lesson
- Letter completed
- Your attribute list is completed
- Checked in daily in the Facebook group
- Remember how freaking AWESOME you are!

*"Reminder...You are amazing!"*