

TERESA BUTLER OF TERESA BUTLER WELLNESS

TRANSFORMWITHTERESABUTLER@GMAIL.COM

TERESAIS....



- · A HOLISTIC NUTRITIONIST
- YOGA/MEDITATION
 TEACHER
- DOULA
- AYURVEDA MASSEUSE
- WEIGHT LOSS COACH
- TRANSFORMATION MENTOR
- · CEREMONIAL FACILITATOR
- BIRTH EDUCATOR
- WELLNESS ADVOCATE
- FITNESS FANATIC
- NATURE ENTHUSIAST
- OCEAN LOVER OF
 SUNRISES AND SUNSETS

AAAAAND SHE HAS AN
ENGLISH DEGREE FROM MUN,
BUT DOESN'T REALLY USE
THAT! LOL SO SHE HAS
QUITE A FEW TRICKS UP HER
SLEEVE!