

# MEET JENNIFER

JENNIFERLOUISE YOGA AND  
HOLISTIC HEART HEALING

## JENNIFER IS...

- A LOCAL 500HR YOGA TEACHER
- REIKI MASTER
- HUMAN DESIGN READER
- INTUITIVE AND ENTHUSIAST OF ALL THINGS WOO WOO
- A LOVER OF LIFE, LAUGHTER, NATURE AND ANIMALS

 @jenniferlouiseyoga

 @JenniferLouiseNL

IN HER FREE TIME SHE CAN BE FOUND DIVING DEEPER INTO HER PASSIONS, CREATING MAGIC IN THE KITCHEN, OR SERENADING HER FOUR CATS. SHE IS PASSIONATE ABOUT HELPING PEOPLE RECONNECT TO THEIR TRUTH AND HIGHEST SELVES WHILE HELPING THEM SORT THROUGH ALL THE NOISE ACCUMULATED FROM DAY TO DAY LIFE.

HER SECRET TALENT? BEING ABLE TO REMEMBER ENDLESS PIRATE JOKES THAT NO ONE ELSE FINDS FUNNY EXCEPT HER.

HER SPECIALITIES INCLUDE AWAKEN YOUR HEART YOGA FLOW AND REIKI LOVE

CHECK OUT HER AMAZING OFFERINGS

